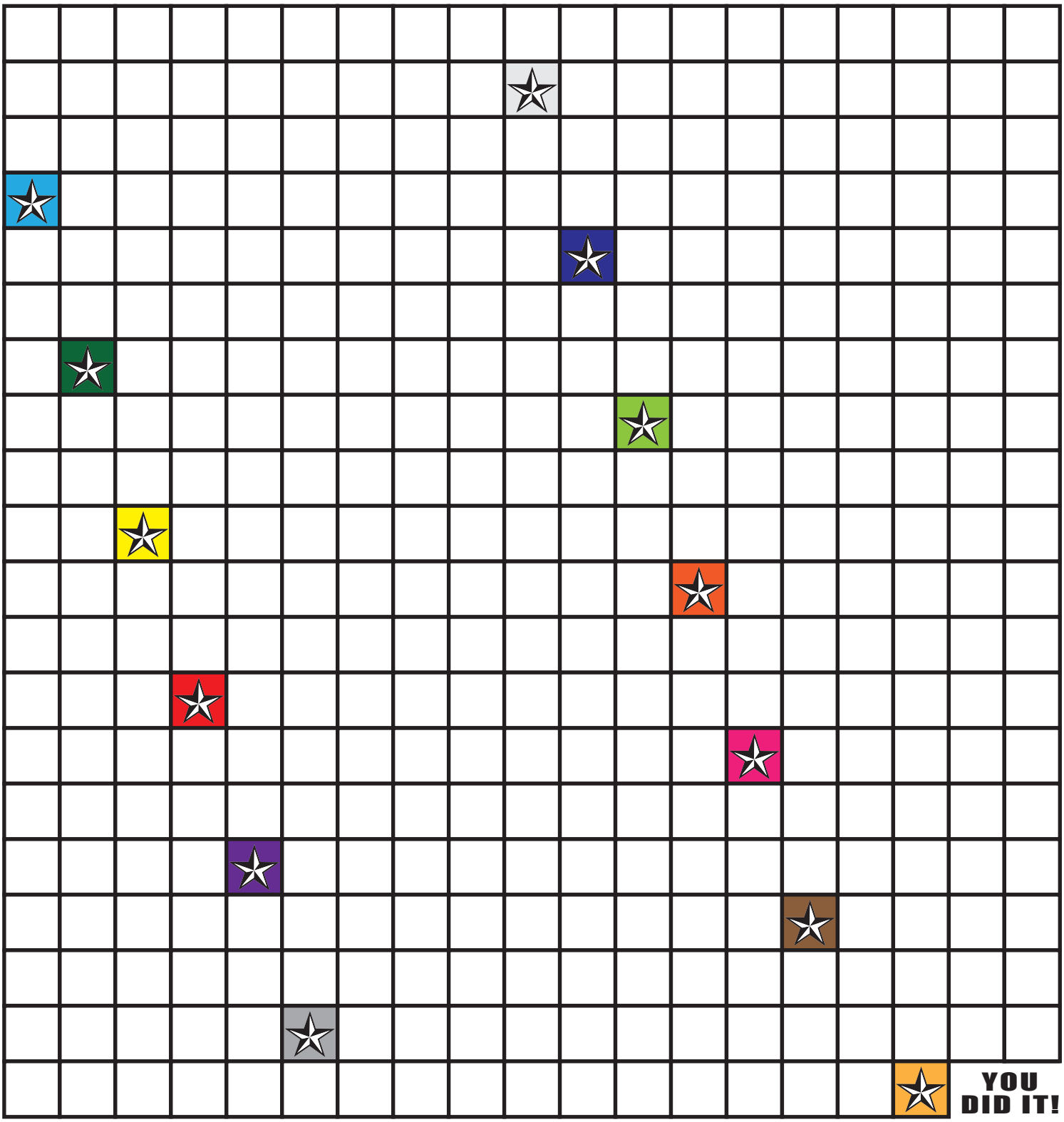
365 Pratice Challenge

Name: _____



Rules: Regular practice sessions should be the same length of time or greater than you lesson time and should make up at least 75% of your practice days. Sick days and vactions (when you can't have your instrument) can still count as practice days if you do one of the following for 15 minutes: active listening, studying theory, online or app theory games, reading about composers, watching videos of performers, etc. If for some reason something happens beyond your control and you are not able to practice your regular amount of time, you may reduce the amout of time you normally practice by 75%. Example: Students with 60 minuets lessons regulary practice 60 minutes but may reduce it to 15 minutes under certain circumstances and must have parent approval.